

## TROUSSEAU

- Between 4 and 6 hours of horse a day, walking in the mountains downhill and in the technical passages.

### Logistic :

- A 4x4 carrying all luggages  
- A steward to dress and dismantling bivouacs, setting up the horse parks, preparing lunch and dinner, also at your service for all little needs.

### Don't forget :

Suitcase or solid luggage (please no small bag that opens and nothing outside luggage), pay attention to the place!

Your personal belongings (under clothes, change, toilets, ...)

- A pair of mini-shaps  
- Footwear for horseback riding (with heels) and pleasant to walk kind  
Mountain shoes a little flexible

-A good Gore-tex (for rain and wind)  
-Polar (mountain clothes), the weather is changing nights can be fresh.  
- A mountain duvet (+ inflatable pillow)  
- A self-inflating mattress  
- Your sunglasses  
- A hat (sun or rain)  
- At least two riding trousers.  
- Swimsuit  
- A flashlight or frontal  
- A pair of gloves  
- Tennis or light walking shoes (for the evening)  
- minimum bottle 1 liter

The rider takes with him (on horseback in the saddlebags provided):

- His gourd
- Camera (at its own risk)
- Its sunscreen (!)
- its goretex
- the picnic
- its special clothes for rain

Careful!!

If you would like to take some small personal and fragile things, we recommend a waterproof banana. Beware of cameras or other fragile objects (passage of rivers, trees, dew, etc ...). The backpacks are not easy on back and hurt very badly on the back.